

plant power!

March 2025

Academy of Entrepreneurship Studies Middle @ L'Ouverture (6-8)

Lunch

MONDAY

3

- Create
- Jumbo Crispy Chicken Tenders
 - Hawaiian Roll
 - Roasted Green Beans
 - French Fries
- 2Mato
- Classic Cheese Pizza
 - Classic Pepperoni Pizza
 - Fresh Caesar Salad
- On the Go
- Turkey Ham & Cheese Wrap

TUESDAY

4

- Create
- Chicken Po Boy
 - French Fries
- Sono
- Fajita Marinated Chicken
 - Beef Taco Meat
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- On the Go
- Banana Chocolate Smoothie
 - Honey Graham Crackers

WEDNESDAY

5

- Create
- Spaghetti with Italian Meat Sauce
 - Garlic Herb Flatbread
 - Seasoned Cauliflower
- 2Mato
- Classic Cheese Pizza
 - Hamburger Pizza
 - Fresh Caesar Salad
- On the Go
- Cheddar/Mozzarella Salad
 - Croutons

THURSDAY

6

- Create
- Beef Taco Supreme
 - Salsa
 - Seasoned Refried Beans
 - Shredded Lettuce
- Grill
- Classic Cheeseburger in Bun
 - Jumbo Crispy Chicken Tenders
 - Hawaiian Roll
 - French Fries
- On the Go
- Turkey Ham & Cheese Wrap

FRIDAY

7



No School

10

- Create
- BBQ Chicken Sandwich
 - Hawaiian Roll
 - Macaroni and Cheese
 - BBQ Baked Beans
- 2Mato
- Classic Cheese Pizza
 - Classic Pepperoni Pizza
 - Fresh Caesar Salad
- On the Go
- Mediterranean Salad
 - Croutons

11

- Create
- Chicken Alfredo Rotini
- Sono
- Fajita Marinated Chicken
 - Beef Taco Meat
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- On the Go
- Roasted Italian Vegetable Wrap

12

- Create
- Mashed Potato & Chicken Bowl
 - Hawaiian Roll
 - Seasoned Corn
- 2Mato
- Classic Cheese Pizza
 - Hamburger Pizza
 - Fresh Caesar Salad
- On the Go
- Strawberry Banana Smoothie
 - Honey Graham Crackers

13

- Create
- Chicken Nachos
 - Shredded Lettuce
 - Salsa
 - Seasoned Refried Beans
- Grill
- Classic Cheeseburger in Bun
 - Jumbo Crispy Chicken Tenders
 - Hawaiian Roll
 - French Fries
- On the Go
- Turkey Chef Salad
 - Whole Grain Seasoned Croutons

14



No School

17



No School

18



No School

19



No School

20



No School

21



No School

24

- Create
- Hawaiian Meatballs
 - Brown Rice
 - Seasoned Asian Style Blend Vegetables
- 2Mato
- Classic Cheese Pizza
 - Classic Pepperoni Pizza
 - Fresh Caesar Salad
- On the Go
- Southwest Black Bean & Brown Rice

25

- Sono
- Fajita Marinated Chicken
 - Beef Taco Meat
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- Classic Chicken Sandwich
 - Spicy Chicken Sandwich
 - French Fries
- On the Go
- Roasted Italian Vegetable Wrap

26

- Create
- Chicken Alfredo Rotini
 - Garlic Herb Flatbread
 - Roasted Green Beans
- 2Mato
- Classic Cheese Pizza
 - Hamburger Pizza
 - Fresh Caesar Salad
- On the Go
- Southwest Black Bean & Brown Rice

27

- Create
- Chicken Nachos
 - Seasoned Black Beans
 - Salsa
- Grill
- Classic Cheeseburger in Bun
 - Jumbo Crispy Chicken Tenders
 - Hawaiian Roll
 - French Fries
- On the Go
- Buffalo Chicken Wrap

28

- Create
- Beef Patty
 - Beef Gravy
 - Fresh Baked Whole Grain Biscuit
 - Mashed Potatoes
- 2Mato
- Classic Cheese Pizza
 - Classic Pepperoni Pizza
 - Spring Mix Salad
 - Homemade Italian Dressing
- On the Go
- Cheddar/Mozzarella Salad
 - Croutons

31

- Create
- Jumbo Crispy Chicken Tenders
 - Hawaiian Roll
 - Roasted Green Beans
 - French Fries
- 2Mato
- Classic Cheese Pizza
 - Classic Pepperoni Pizza
 - Fresh Caesar Salad
- On the Go
- Turkey Ham & Cheese Wrap

☞ 3/4 Fat Tuesday, ☞ 3/11 Eat Your Noodles Day, ☞ 3/26 Spinach Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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